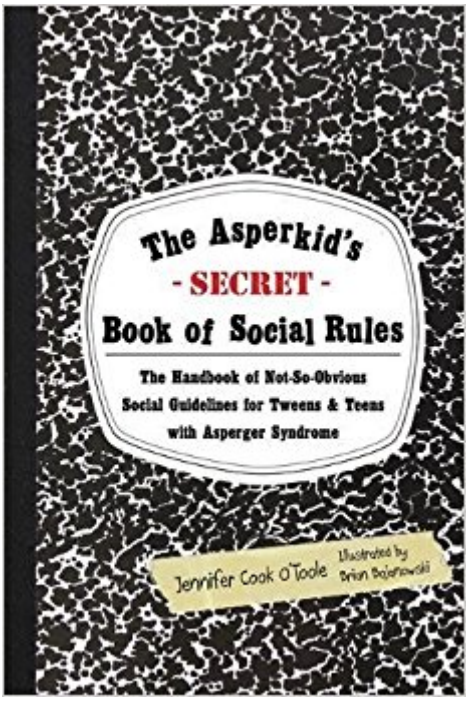
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The Asperkid's (Secret) Book Of Social Rules: The Handbook Of Not-So-Obvious Social Guidelines For Tweens And Teens With Asperger Syndrome



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Synopsis

Being a teen or tween isn't easy for anyone -- but it's especially tough for Asperkids. I know. I was one, I taught a whole bunch, and I am going to be raising three! That's also why I know that Asperkdis deserve their very own guide to all of the hidden social rules that are awfully confusing to us, even if they seem obvious to everyone else. "The Asperkids' (Secret) Rule Book of Social Rules." This isn't your momma's Emily Post, and there is no "don't do this" finger-wagging or patronizing "high and mighty preaching" here. Instead, the "Secret" Book gives Asperkids (aged 10-17) respectful, funny insights written "for Aspies by an Aspie." Chock full of illustrations, logic and even a practice session or six (in comic strip style, thank you very much!), this is the handbook every adult Aspie wishes we'd had growing up, but never did.

Book Information

Paperback: 280 pages
Publisher: Jessica Kingsley Publishers; 1 edition (October 15, 2012)
Language: English
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Shipping Weight: 1.1 pounds (View shipping rates and policies)
Average Customer Review: 4.6 out of 5 stars 160 customer reviews
Best Sellers Rank: #12,919 in Books (See Top 100 in Books) #8 inÃ Â Books > Health, Fitness & Dieting > Children's Health > Autism & Asperger's Syndrome #38 inÃ Â Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Special Needs #48 inÃ Â Books > Education & Teaching > Schools & Teaching > Special Education
Age Range: 10 - 17 years
Grade Level: 5 - 12

Customer Reviews

WINNER! AUTISM SOCIETY AMERICA BOOK OF THE YEARÃ Â ABOUT.COM READERS CHOICE RUNNER-UPÃ Â AUTISM/ASP. DIGEST TOP 15 LISTAUTISM SPEAKS TOP FAMILY LISTÃ Â BEAUTIFUL BALANCE OF CELEBRATION AND TANGIBLE TOOLS - SHE GETS IT!This book & their author, are world changers... when I reach for support, need a lifeline, some encouragement, HELP, SOS, Jennifer...offers solid steps...celebrating Asperkids just as they are, while offering a survival guide to help us navigate the complex social world. Jennifer is brilliant AND

she "gets it." That means everything.--Kelly (MOM)A-HA! Hope in a BookAs the illustrator of this book, I love the illustrations! Kidding. My favorite part of "The Asperkid’s (Secret) Book of Social Rules" is the "Ah... I see" or "Ah-ha!" moments I had as I read and grasped each concept. Jennifer has a special gift in communicating through stories that all of us (both on and off the spectrum) can easily relate to and take something away from. (And I love the illustrations.) :)-Brian BojanowskiThis is no doubt a very helpful guide, covering a wide range of issues from Facebook, privacy, power games people play and how to deal with them, and above all it may help to develop a better understanding of how to avoid social traps and become a strong self-confident adult. The book will be of great interest to female and male adolescents and adults with Asperger syndrome. It offers some practice items and examples using comics. -- Debate The insights it gives are very comprehensive, everything from how and when to thank people to how to cope with criticism. -- Autism Support Crawley, Heather Eves A book always has faults. Right? Not in this case! I just can’t find a bad thing to say about it. Written as a self-help guide for ’Asperkids’ it’s chock-full of insightful, practical advice on how to successfully sail the seas of planet NT and succeed... The book is warm, witty and wise and at GBP13.99 it’s a bargain. It’s written to be read by ’Tweens and Teens’ on the spectrum but could easily be used by teachers, parents, and therapy folk as resource material for individual or group teaching and support. Go buy it! -- Positive About Autism Blog O’Toole is uniquely qualified to write this book - she’s the proud mother of three "Asperkids," she’s married to an "Asperguy," and is herself an "aspie." This crucial guide to social interactions begins with a list of 125 "Need-to-Knows," which run the gamut from platitudes ("The bigg3est mistake you can make is being too afraid to make one.") to simple reminders ("Graciously accept compliments with a simple smile and ’thank you’") and bits of wisdom ("Anger is abnd0aid emotion. It’s a real thing - but the wound you have to heal is underneath the anger.")... While aimed to help those with Asperger’s navigate the world, O’Toole’s approachable guide is also an invaluable resource for friends and family members of Aspies. -- Publishers Weekly Her American sense of fun comes out strongly in her writing, and the black and white comic-style illustrations add to the humorous approach... There is emphasis on not giving up, on starting over when things go wrong and on learning what a special and unique person you are. This will be a really useful tool for both Aspies and their families, and it fills a gap that needed to be filled. -- Healthy Books I completely agree with Jennifer, and think the way she says it is just great; these skills and explanations are absolutely necessary to young people’s success. -- Temple Grandin, author of Thinking in Pictures Asperteens rejoice! Finally someone has produced a guide to the mysteries of teenage social etiquette. Jennifer’s brilliant writing style serves up huge, life-changing advice in small, bite-sized chunks, making this an

invaluable reference point for navigating the difficult path between childhood and adult life. If you're a teenager, buy a copy. If you're older, buy one too - it's never too late to learn those 'secret rules' and apply them in your life. -- Helen Wallace-Iles, Founder and Director, Autism All-Stars UK, and mother of four children on the Autism spectrum The joy of knowing that the mistakes of the past have a good chance of melting away is the real, not-so-secret ingredient that makes this book shine. -- Michael John Carley, Executive Director, GRASP, ASTEP, and author of Asperger's From the Inside-Out Wow! This book is awesome. Jennifer O'Toole's The Asperkid's (Secret) Book of Social Rules is a triumph of words, wisdom and wit. It is a fun yet oh so important set of keys that will help Asperkids of all ages unlock virtually every mystery the NT world holds. I love it! -- Liane Holliday Willey, author of Pretending to be Normal and Safety Skills for Asperger Women Jennifer O'Toole has done it again. Reading this book was like dipping into a bag of wonderful treasures. A very comprehensive guide to social rules for Aspies and a brilliant reminder of just how much NTs take for granted and how hard our Asperkids have to work each day. This book serves as a 'universal translator' and will strengthen relationships between Aspies and NTs everywhere. As a mother, I particularly found Chapter 20 on meltdowns helpful, and need to remember to 'smell the flowers and blow out the candles' just as much as my little Asperkid. Our whole family is adopting the Asperkid positivity vibe. Jennifer is like the favourite Aunt and best friend we all wish we had. If I could choose one book to give to my little boy as he grows up, this would be it.' -- Rebecca Mitchell, UK Psychotherapist (MBACP), author of the blog lovingmartians.wordpress.com, and very proud Mum to one Asperboy superhero and his equally amazing NT supersister Jennifer Cook O'Toole has done it again with The Asperkid's (Secret) Book of Social Rules. Jennifer is the queen of understanding and helping others to understand the ins and out of Asperger syndrome. In this book Jennifer hits on all of the important issues tweens and teens face and provides ways for your Asperkids to thrive during this challenging time. Learn rules like "to be interesting to other people, you first have to be interested in them", "one mistake does not break a friendship", "being right isn't always the most important thing even when it feels that way", and so much more. As the mother of an eight year old with non-verbal learning disorder, ADD, and SPD, this book is the first I grab to help both me and my amazing little gal. An incredible book by an incredible woman. -- Lisa Davis, MPH, creator, host, and producer of It's Your Health Radio and It's Your Health TV Not only is The Asperkid's Secret Book of Social Rules a book for Asperkid teens and tweens, it is also a book for their parents, caregivers and for anyone who grew up Aspie and wants to understand themselves and the world around them better. Being undiagnosed until in my 40s, this is the book I wish I had when I was a teenager. Thank you Jennifer, for not only making these social rules no longer 'secret'

but for helping create a social survival guide that helps promote acceptance, enrichment, inspiration and empowerment for Asperkids everywhere! -- Karen Krejcha, Executive Director of Autism Empowerment (www.autismempowerment.org), Aspie, GRASP 2012 DSM Award winner, and loving mom of two sons with autism and Asperger syndrome The Asperkid's (Secret) Book of Social Rules is a must-have resource for tweens and teens with Asperger syndrome. By exposing the 'secret' thinking of NTs and opening each chapter with a list of 'need to knows', O'Toole sensitively and candidly explains the social rules that often confuse teens with Asperger's syndrome. The graphics, humor, and short chapters make the book lively and accessible, while O'Toole's own experiences as an individual with Asperger syndrome helps teens connect personally with her insightful, practical advice. -- Diane M. Kennedy and Rebecca S. Banks, authors of Bright Not Broken: Gifted Kids, ADHD, and Autism 'There are so many reasons to love this book. It is kid-friendly, fun, packed with practical tips, and full of respect for those needing these tips the most. The thing I love best about it, however, is how appropriate the content is for every student, both those on the spectrum and those who are not. In fact, we can all learn something from Jennifer O'Toole's wonderful advice on relationships, organization, learning, communication and self-respect." -- Paula Kluth, PhD, author of You're Going to Love this Kid: Teaching Students with Autism in the Inclusive Classroom reading [O'Toole's] book is making me understand more how his brain is wired and I am learning SO much. -- Elizabeth Conner, mother of a child with Asperger syndrome

This is no doubt a very helpful guide, covering a wide range of issues from Facebook, privacy, power games people play and how to deal with them, and above all it may help to develop a better understanding of how to avoid social traps and become a strong self-confident adult.The book will be of great interest to female and male adolescents and adults with Asperger syndrome. It offers some practice items and examples using comics. (Debate)The insights it gives are very comprehensive, everything from how and when to thank people to how to cope with criticism. (Autism Support Crawley, Heather Eves)A book always has faults. Right? Not in this case! I just can't find a bad thing to say about it. Written as a self-help guide for 'Asperkids' it's chock-full of insightful, practical advice on how to successfully sail the seas of planet NT and succeed... The book is warm, witty and wise and at Ã Â£13.99 it's a bargain. It's written to be read by 'Tweens and Teens' on the spectrum but could easily be used by teachers, parents, and therapy folk as resource material for individual or group teaching and support. Go buy it! (Positive About Autism Blog)O'Toole is uniquely qualified to write this book - she's the proud mother of three "Asperkids,"

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syndrome)

Of all the books about Asperger's that I own, this is the only one with "how to" information for the child. I bought this book a couple of months ago for my 11 year old son who has Asperger's. We read one chapter together each night and both learn from it. We even reference it when he comes home from school after a "bad day" and look up how he could have handled the situation differently. I would recommend this book to any one who has an asperger child in the pre-teen to tween age.

Arrive on time, in great condition, brand new, thick book, nice illustrations, got it for my 20 year old daughter who has been newly diagnosed as having Asperger's. Thick, high gloss cover, good context listings on subjects for young people with Asperger's. I'd recommend it to others and buy it again if needed. Also good print in the book, easy to read.

Love this book. Got it for my daughter who has asperger's, but I read it first and am SO happy I did. Great book for spectrum kids AND their family members and friends. She really does a great job of discussing, explaining, and exploring the world of spectrum kids.

We were pleased to find a book that covers this subject. The social challenges of the tween/ teen years are difficult for most if not all young people. Any help for Asperbergers kids is worth investigating. The format makes finding topics easy. Our grandson was pleased with the content.

Bought for my ASD son to help him understand his condition better. Unfortunately, he doesn't seem too interested in the books. :(

This book is fantastic! It is written from a woman who has aspergers and she just gets it because she was and is there. My 11 yr old son could relate to a lot of stuff she was talking about and it is written so he understands the language.

my son loves this book and it helped him to not feel so different

I bought this book to use with my 11 year old Asperkid. Although to me the content is stellar, and the writer does a good job at explaining things. To my son, is was overly wordy, crowded, and overwhelming. It reads much more like a textbook, than a guide. I expected, given the cover, that it

would be more like a journal, something easier to handle. This was so not the case. Instead of reading it with my son, and I am reading it by myself and then using the info to go over different topics each week. I am quite disappointed, and will continue to look for a more appropriately designed book for older kids.

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